

Faith at Home for families

Summer Holiday Series – Activity 3



Hello to you from St Mary's Church!

We hope you are enjoying your summer holidays.

It's week three of our series about the Psalms, and I don't know about you, but I am finding there's so much to discover about God in them!

So far, we have found out that:

- God goes with us wherever we go, which is good to know.
- Also, however small or insignificant we feel, he notices us and cares for us.

I think that's brilliant! I wonder what you are finding out about God?

We will be adding another 'something' to our holiday bunting this week.

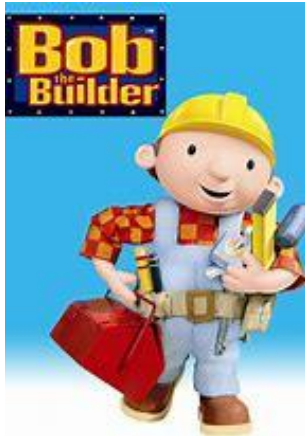
Your flags must be filling up with things that remind you of God's love!

You don't need to wait until the next Activity Sheet in this series before you add things to your bunting - if you think of something about God, or see something that reminds you what God is like, you can add it to your bunting anytime!



Psalm 127 – God the Builder!

You can read Psalm 127 in a Bible you have at home, or look it up on the internet, or read it at the end of this activity sheet.



This week's Psalm describes God as a builder.

When my son was young, his favourite TV character was Bob the Builder!

Bob wore overalls and a tool belt, and his friends were the different trucks who helped him to do his job! The trucks were always trying to do jobs on their own, and getting into scrapes. They needed Bob to help them get the job done!

- I wonder, who is your favourite television character?

King Solomon wrote Psalm 127, and he reminds us that sometimes we can be like Bob's trucks, trying to do things on our own, without God's help.

As we found out in Activity 2, God cares about us and he wants to help us.

- In last week's Psalm, we learned that God notices us.
- In this week's Psalm, God wants us to notice him!

When we are busy having fun, or busy doing our schoolwork, we can forget to talk to God. We might forget to thank him for something good, or we might forget to ask for his help.

God wants us to remember that we need him just like Bob's trucks need Bob! When we include God in what we're doing,

- he builds our friendships,
- he builds our homes and families,
- and he works beside us.

This means we can build in God's strength and rest in God's peace.

I wonder, what will you build with God this week?



A 'thank you' prayer you might like to say

Let's talk to God now and invite him to be part of what we do.

Here's a prayer you might like to say:

Dear God,

Thank you that you wait patiently
for me to notice you and say 'hello'.

Help me to remember to include you in what I do
so we can work together and get the job done.

Amen.

Bunting week 2 – Psalm 127



For your bunting flag this week, choose something that reminds you that God is a builder who wants to help us get our jobs done!

- Maybe you are building something right now:
 - a jigsaw puzzle,
 - a new friendship,
 - a go-cart...

you could draw any of these on a flag

- Or you could draw God, dressed up like Bob the builder!
- Perhaps there's a word or phrase in the Psalm that you like that you could write on a flag
- You might choose one of these ideas...or you might do all of them!

Other 'God the Builder' Activities

BUILD A SMALL BUG OR LADYBIRD HOME

- Bob the Builder's motto was 'reduce, reuse, recycle' so this project re-uses household items to build a home for small bugs in your garden.
- Full details are on the RHS School Gardening website – here's the link:



<https://schoolgardening.rhs.org.uk/Resources/Activity/Make-a-simple-bug-or-ladybird-home>

BUILD HAPPY

- This week, look out for someone who needs help and offer them your help!
- If you help them, it will help them get their job done, and you'll be showing care like God cares for you.

Psalm 127 – In Praise of God's Goodness

The phrase 'the Lord' is another way of saying 'God'

Without the help of the Lord

it is useless to build a house.

Without the help of the Lord

the builders are wasting their time.

Without the help of the Lord

it is useless to guard a city.

It is a waste of time to get up early and stay up late
trying to make a living.

The Lord takes care of those he loves,
even while they are asleep.

Children are a gift from the Lord;
they are a real blessing.

Having lots of children
to take care of you
when you are old
is like a warrior with a lot of arrows.

The more children you have
the better off you will be,
because they will protect you
when your enemies attack
with arguments.